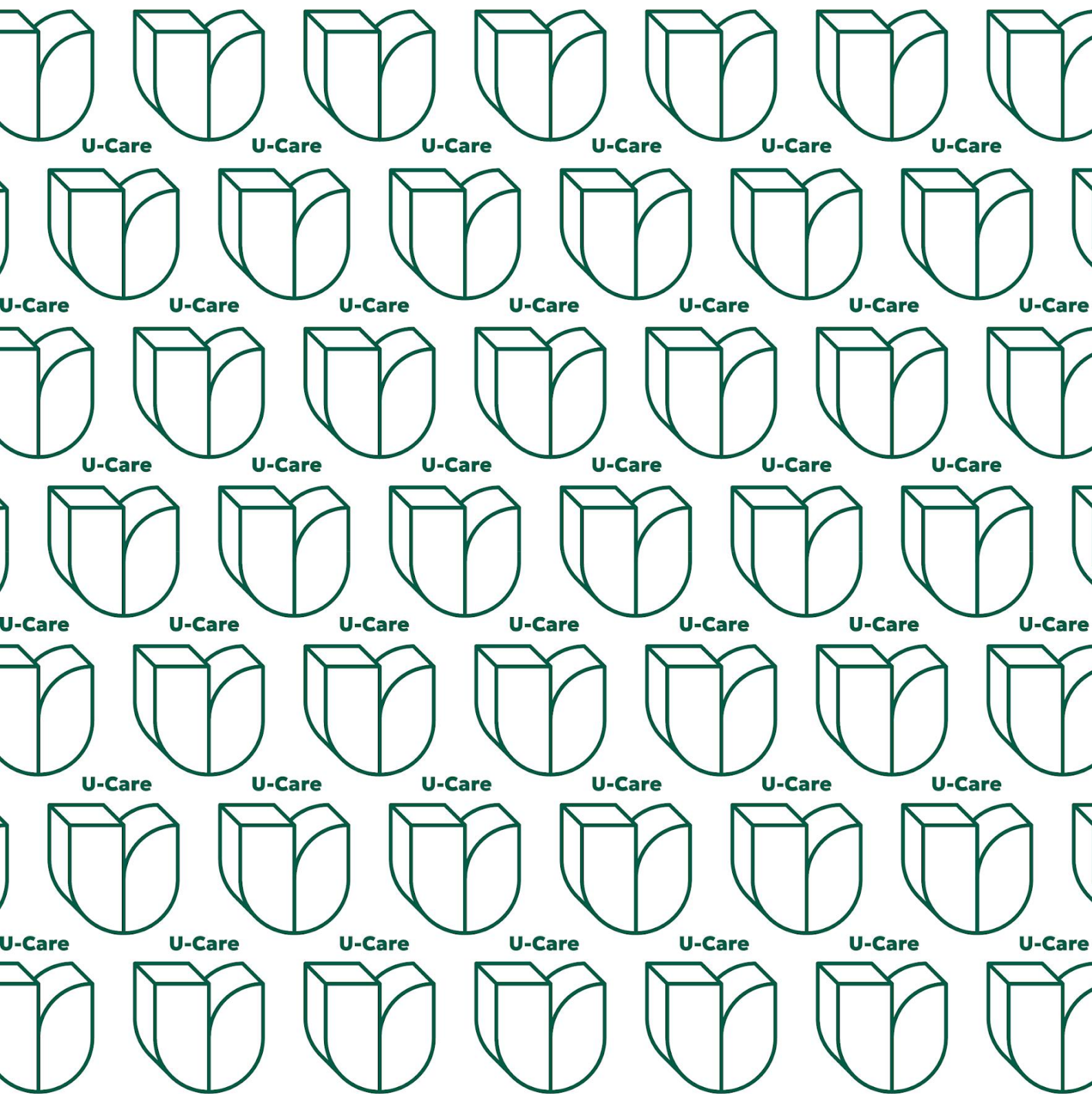




Press Release

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PRESS RELEASE

U-Care Project Enters New Phase with Launch of Web Platform, Piloting of Curriculum, and Community Workshops Across Europe

Berlin, Germany - December 2025

The U-Care project, co-funded by the European Union, has entered a new phase marked by the launch of its dedicated learning platform, the rollout of its pilot curriculum in European universities, and the completion of community-focused workshops in four cities across Europe.

As European cities face growing pressures from heatwaves, flooding, rising inequality, and declining biodiversity, the project's latest milestones highlight a pressing need: equipping future generations with the tools and knowledge to design cities where health and wellbeing are central to urban development.

Empowering Communities Through Data-Driven Workshops

This year, U-Care conducted community-centred workshops in **Berlin, Gothenburg, Nicosia, and Florence**, engaging citizens in discussions about the health of their urban environments.

Participants were invited to share how heat, flooding, accessibility, and green spaces affect everyday life, the challenges within their neighbourhoods and ways to shape healthier cities through evidence-based insights.

Using the UrbanCare app, residents experienced their neighbourhoods through a new lens, guided by scientific data and analytics collected during the U-Care case studies. As a result, participants shared their experiences, identified local priorities, and contributed to the project's research. These workshops emphasised the importance of participatory practices and demonstrated the value of co-creating climate-resilient solutions with the communities most affected.

Piloting the U-Care Curriculum

A major milestone for the project is the piloting of the U-Care curriculum, which has already begun at the University of Florence and the University of Cyprus, with implementation at Chalmers University of Technology scheduled in the coming months.

Designed to bridge research and practice, the curriculum:

- translates U-Care's core research topics into hands-on learning experiences
- integrates environmental health, spatial planning, and data analysis
- introduces students to the UrbanCare methodology
- embeds participatory approaches that involve local communities directly.





With climate change now transforming the way cities must be designed and managed, the development of such a curriculum is crucial. The next generation of architects, planners, and urban designers will need solid, evidence-based skills to address the complex environmental and public health challenges ahead.

By the end of the pilot phase, three full courses involving 40–60 students will have been delivered across partner institutions. This marks an important step toward building an innovative and interdisciplinary curriculum on urban health in Europe.

Launch of the U-Care Learning Platform

The project launched its learning platform in spring 2025 - now publicly accessible at ucareproject.eu.

The platform provides:

- learning modules and educational material used in the curriculum
- case studies from the four pilot cities
- tools and resources based on the UrbanCare methodology
- a structured environment for data-driven design research and practice.

By standardizing the use of the UrbanCare approach across institutions and professional fields, the platform offers an open, evidence-based environment for both teaching and applied urban health research. In making the platform publicly available, U-Care aims to empower students, academics, municipal authorities, and urban professionals across Europe to utilise its research and findings and apply them in planning and development of their own urban contexts.

Next Steps for the U-Care Project

In 2026, U-Care will advance its mission through:

- Local awareness actions in Cyprus, Italy, Sweden, and Germany.
- Scientific publications detailing the U-Care methodology and findings.
- A comprehensive U-Care Manual summarizing training materials and research outputs.
- A final international conference in Berlin in October 2026, bringing together academics, practitioners, policymakers, and students.

Partners and Collaboration

- **Technische Universität Berlin** (Germany) – Project Coordinator
- **BHL Building Health Lab UG** (Germany)
- **University of Cyprus** (Cyprus)
- **Università degli Studi di Firenze** (Italy)
- **Chalmers University of Technology** (Sweden)
- **RESET Ltd** (Cyprus)





About U-Care

U-Care is a research project co-funded by the European Union. Coordinated by Technische Universität Berlin, the project brings together universities and research organisations across Europe to advance urban health through data-driven research, participatory practices, and innovative spatial planning.

Through its tools, methodology, and educational material, U-Care aims to empower communities, policymakers, and students to design cities that are healthier, more equitable, and more resilient for the future.

For more information about the U-CARE project, visit the partner websites or contact:

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